

# Vdovec

(Czech Republic)

Vdovec is a simple party mixer from the Valašsko region of Moravia. The name means "widower."

Pronunciation: VEE-doh-vehts

Cassette: Dances from the Czech Republic, Stockton Folk Dance Camp 2000

2/4 meter

Formation: Cpls in circle facing LOD with W on M's R; inside hands joined in V-pos.

## Meas

## Pattern

### INTRODUCTION:

#### I. WALK AND CAST

- 1-4 Walk 8 steps in LOD swinging joined hands forward and back. M start with L ft, W with R.
- 5-6 M cast off to L and W to R with 4 walks, making small circles and returning to ptr. M can step with emphasis on meas 5, ct 1, and optionally clap on meas 6, ct. 1.
- 7-12 Repeat meas 1-6 except that on meas 11-12, W progress fwd to next M and M progress to next W behind.
- 13-24 Repeat meas 1-12.

#### II. POLKA

- 1-16 Dance turning polka with this new ptr (3rd person).

Repeat dance to end of music.

Presented by Radek Rejšek and Eva Rejšková